



Lyme Awareness Month

May marks "Lyme Disease Awareness Month". I urge each of you to share your stories in every way possible and to continue to educate your families, friends, co-workers, and others about Lyme Disease.

I have been encouraged recently by seeing several programs on Lyme Disease on TV. "Mystery ER" and "Mystery Diagnosis" have both had segments on Lyme in the past month. In fact, one of them was the story of one of my co-authors in the [Public Health Alert](#), Laura Zeller (aka Laura Parsons in the segment).

One web site that I'd like to share with you is that of Devin, a 15 year-old that has been impacted with Lyme Disease for most of his life. Devin is doing some important work to raise awareness around Lyme Disease. He has a goal of getting 1500 people to sign his guest book by the end of May and you can help. To visit Devin's site, go [here](#).

Treatment Update

I recently updated the "[My Treatment](#)" page on my web site and incorporated a number of new items. Some of the notables include:

1) I am taking a number of transfer factor products from Researched Nutritionals including [LymPlus](#), [STP](#) and [PlasMyc](#) which may help to support the body's ability to fight Lyme and co-infections, Strep, and Mycoplasma respectively. I think the company produces high quality products. They also test very well using Autonomic Response Testing (ART) which is one of the tools that I use to help guide my treatment course.



2) I have added in a rotating schedule of Nutramedix Banderol and Nutramedix Cumanda to enhance the microbial inhibition aspects of my treatment plan.

3) I added [BioPure](#) Japanese Knotweed tincture which was part of my treatment earlier on and has now been reincorporated.

4) I continue to believe that a focus on detoxification is a key to recovering from any chronic illness. In support of that position, I have introduced the [GTech Body Cleanse](#) which helps to support detoxification through its use as a foot bath.



5) I have moved from Ca-EDTA IVs to Chlorella and Cilantro to continue addressing the heavy metal component. It is my opinion that heavy metals are an important factor in many people's chronic illness.

These updates and more can be found on my site. I welcome any questions or comments.

Public Health Alert

My [latest article](#) in the PHA is on the role of biotoxins in chronic illness. It reviews the compelling work of Ritchie C. Shoemaker, MD and discusses how the "Biotoxin Pathway" may hold key pieces of the puzzle in solving chronic illness. I can't urge you enough to read the article and understand the key concept of biotoxins.

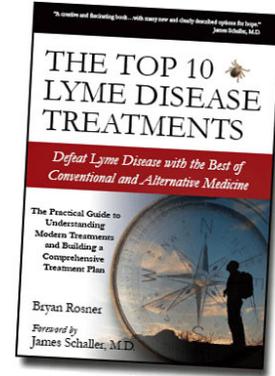


New Book from Bryan Rosner!

Bryan Rosner recently released his second book on the topic of Lyme Disease. It is called "[The Top 10 Lyme Disease Treatments](#)". I had the opportunity to review the book prior to release and think that it provides useful information for all of us battling Lyme Disease. My review comments:

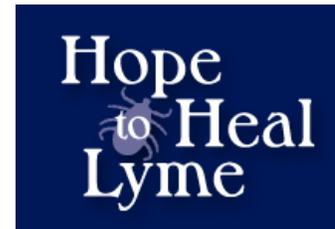
"Having lived myself with chronic Lyme Disease for over 10 years, I wish I had the information available in this book years ago. Everyone with chronic Lyme Disease will relate to and benefit from this book."

To get **free shipping** with your book purchase, enter "**BHG**" in the "How did you hear about us?" field.



Hope to Heal Lyme is NEXT MONTH!

[Hope to Heal Lyme](#) is just around the corner. An exciting lineup is planned that will include Dr. Burrascano, Dr. Amy Derksen ND, Dr. Steve Bock and many others. It is an event that you won't want to miss. I will be there and I hope you will be too!



Other Key Resources

Some other exciting resources that I would like to mention include:

ILADS 2006 Conference DVDs

The ILADS Scientific Conference DVDs are available [here](#). They are \$69.95 and include a number of key sessions from the event that will provide you with an excellent understanding of Lyme Disease and treatment options. Don't miss it!

Lyme Times

Lyme Times is an excellent publication provided by the California Lyme Disease Association (CALDA). They recently published an edition on Integrative Treatment. If you do not receive the Lyme Times, I urge you to subscribe. You can get more information [here](#).

Until Next Time...

Thanks for all your kind words, inspiring stories, thoughtful direction, and for your compassion. Live, love, and laugh each and every day for tomorrow is not a given.

In Better Health,



Scott

Scott@BetterHealthGuy.com

UNSUBSCRIBE: This email newsletter is being sent to family, friends, and visitors of BetterHealthGuy.com that I have recently come into knowing through the site. If you would like to be removed from this list, please let me know via return email and I will be happy to do so.

NOTE: This information is **not** intended to treat, diagnose, cure or prevent any disease. All information provided in this email is for informational purposes only and represents the experiences and information encountered to date by BetterHealthGuy.com. No warranties are provided either explicitly or implicitly as to the validity of any information herein. Always seek the advice of your physician before making any treatment decisions.

NOTE: BetterHealthGuy.com is not responsible for any third-party information referred to from the site. BetterHealthGuy.com does not sell any products though may make a small referral fee for products you purchase from links within the site. BetterHealthGuy.com does not take responsibility for the accuracy of any information and suggests that you do your own research and consult your doctor. BetterHealthGuy.com is not responsible for any issues that you may encounter with the purchase of any products found through sites which it may refer you to.